

Adult Sayings

The following are adult sayings that foster bullying behaviors to continue:

Bullying is part of growing up. It teaches them to deal with life.

It is good for you. It toughens you up.

Fight your own battles. Don't tell tales.

Ignore it and it will go away. You must be doing something to bring it on yourself.

Come on! Stick up for yourself. You won't always have us around to stick up for you.

I was bullied and it never did me any harm.

You've got to be tough to survive in this world. You've got to take care of yourself.

I never interfere in difficulties between children. They have to learn to sort out problems between themselves.

Boys will be boys! Girls will be girls!

A Pledge for Parents

As part of my community, I will work in partnership with the schools to

- Pledge to become informed of the school's bullying policies.
- Be proactive and part of the solution, not the problem.
- Eliminate bullying from my own behavior and model respectful behavior.
- Be empathetic and sensitive toward others.
- Set an example by valuing differences and promoting sensitivity to others.
- Eliminate gossip and profanity from my language.
- Not let my words or actions hurt others.
- Activate bystanders to help stop the bullying.
- Dialogue regularly with my children about how students treat others at school.
- Discuss with staff concerns about bullying behavior.
- Log bullying behavior (or ask my child to).
- Monitor my child while on the computer.

Signature: _____ Date: _____